NEWSLETTER NO.21
JULY 16, 2014

FROM THE PRINCIPAL

Dear Parents and Carers

Welcome back to Term 3. I hope that all of our students have had a fantastic break and are ready to dive back into learning.

My start at Everton Park State School has been a very positive one with the students, parents and staff warmly welcoming me to their school. I have come from North Lakes State College where I hold the position of Principal of the Junior School. North Lakes is a very large P-12 school with an overall enrolment of approximately 2900, so working in a smaller school environment will be a different experience for me but I am sure it will be a positive one.

During my visits to the classrooms and playground discussions, I have asked the students to tell me the best thing about being at Everton Park State School and the most common response has been ‘the teachers.’ The relationship students have with their teachers is an important one and it is wonderful to see that the students value their teachers so much. There is an obvious school pride displayed by all members of school community and I feel very excited to be a part of this community for Semester 2.

The P&C Meeting is next Monday the 21st of July and I look forward to meeting some of you at the meeting.

School Opinion Survey
The School Opinion Survey is undertaken each year by the department’s State Schools Division to obtain the opinions of parent/caregivers, students and school staff about important aspects of schooling. The survey is designed to help schools identify what they do well and what they can improve.

The annual School Opinion Survey will be conducted between 21 July and 3 August 2014. All families from our school (previously only a sample of families), school staff, and a representative sample of students from our school will be invited to take part. We encourage all of you to take this opportunity to have your say about what Everton Park State School does well, and how we can improve.

Access details for the Parent/Caregiver Survey will be sent home with students next week. All parent surveys are to be conducted online. If parents require the use of a computer, we will make some computers available in our school library during set times during the day. More information about the surveys and computer access at school for parents, will be provided closer to the survey.

CALENDAR OF EVENTS

JULY
18th Footsteps Dance program commences
21st P&C meeting 7:30pm in Library
22nd Breakfast Club
21–25th Year 6/7 trip to Canberra
29th Breakfast Club
31st School photos

AUGUST
1st School photos
5th Junior Athletics Carnival
5th Breakfast Club
12th Intermediate Music Camp
13th EKKA holiday
14th Intermediate Music Camp
20-22nd Year 5 Camp
Trip to Canberra
Our Year 6 and 7 students will be away next week on their biannual trip to Canberra. During the trip our students will visit sites of national and civic importance. This will be an exceptionally enriching experience and value add to their learning. We wish them all a safe and enjoyable trip.

Anita Bond
Principal

ACTIVE SCHOOL TRAVEL

Congratulations to 1B for winning the Gold Star award AGAIN with 96% of students actively travelling for Week 9’s Fun, Fit, Friday.

Our school has won the AST Golden Boot Award for the month of June – ‘Most improved school – from the previous month’!!! Could this be our second chance at a hat trick? Could we win it for the month of July as well? The criteria for July is ‘School with the highest cycling percentage’. As our school is SUPER keen to make it a hat trick (3 months in a row) and keen to keep the title of ‘AST School of the Year’, GET ON YOUR BIKE AND RIDE TO SCHOOL THIS FUN, FIT, FRIDAY!

Don’t forget to always secure your helmet firmly to your head and walk your bikes and scooters while on school grounds.

The AST shop (room 22) will be open (at first break after eating time) this Friday for students to claim their AST prizes.

SCHOOL PHOTOS
31 July and 1 August
Class photos will be taken on Thursday, 31 July and group photos on Friday, 1 August.
Ordering and payment details will be sent home with students before the end of this week.
On-line ordering has been introduced for you convenience or you may order by using your payment envelope.

YEAR 5 CAMP
Please be reminded that the final payment for Year 5 Camp of $105 must be made by Friday, 18 July and all Camp forms are due then as well.

N.B.: If FULL payment is not made by Friday, 18 July, your child will NOT be able to attend the camp.

Further notices pertaining to the Camp itself will be sent out once final numbers are known. If you have any queries don’t hesitate to contact your child’s teacher or myself.

Tracey Irwin

PHYSICAL EDUCATION NEWS

This term students in Grades 4 – 7 will be developing T-ball, softball skills and Oztag skills. Students in Prep – 3 will be continuing with athletics until the Junior Athletics Carnival on the 5th August. These students will then move on to T-ball skills and Oztag skills.

District Track and Field
Students who have qualified to represent Everton Park at District Track and Field will be given a parental permission form this week which needs to be filled out and returned to the office as soon as possible.

INSTRUMENTAL MUSIC NEWS

Intermediate Music Camp - Tuesday 12 and Thursday 14 August
Information has been sent home to parents/guardians who have children who were not accepted into the Advanced Music Camp or who are in their 2nd year of learning an instrument to attend Intermediate Music Camp. This two day camp will involve special guest conductors and ensembles to work with children from across local schools. The camp will be held at our school as well as Mitchelton State High School. There will be a free concert on Tuesday 12th August at 2 pm at Mitchelton State High School’s Hall.

ALL FORMS AND PAYMENTS NEED TO BE RETURNED TO OUR SCHOOL OFFICE BY FRIDAY, 25 JULY - NO LATE FORMS AND PAYMENTS WILL BE ACCEPTED AFTER THIS DATE

Cost of camp for two days is $70.00 which includes expert tuition on instruments, guest conductors and guest ensembles.

Honours Music Camp 9 – 12 September
Some strings and band students have been sent home information about an auditioned music camp which is held at Craigilea State High School. All consent forms need to be returned to our school office by Friday, 25 July. Auditions will be taking place at our school on Wednesday 30 and Thursday 31 July.

For all string queries please contact Anne Keenan at akeen9@eq.edu.au
For all band queries please contact Angela Batch at abatch0@eq.edu.au

Viva la musical!

July Roster
Thursday 17 – Hayley Swain
Friday 18 – Penny Valentine, Carol McLean, Janene Ashton
Monday 21 –
Thursday 24 – Jo Baird
Friday 25 – Melissa Hulbert, Jo Hennessy, Annesley Milestone

Order online at flexischools.com.au

Winter Menu items for first break
- Delicious homemade soup - Creamy Chicken and Vegetable plus a serve of garlic bread $5.00
- Single serve garlic bread $1.00
- Warm milo $1.50
- Pizza slices $3.00. Two delicious flavoured – BBQ Chicken and Hawaiian (Ham & Pineapple).

Welcome back!
Katrina Coomber
Tuckshop Convenor

UNIFORM SHOP
The uniform shop is open each Friday from 8.30 – 9.30 am

EIGHT STEPS TOWARD DEVELOPING EMOTIONALLY HEALTHY CHILDREN

Risk taking, risk taking, risk taking – calculated risk taking? Obviously, negative risk taking should be discouraged, such as smoking, alcohol, illegal drugs, etc. In addition, there will be times our young people do need our help, or affirmation. But healthy teens are going to want to spread their wings. They’ll need to try things on their own. And we, the adults, must let them. Here are some simple ideas you can employ as you navigate these waters. For some of you that time is now or just around the corner:

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1. Help them take calculated risks. Talk it over with them, but let them do it. Your primary job is to prepare your child for how the world really works.

2. Discuss how they must learn to make choices. They must prepare to both win and lose, not get all they want and to face the consequences of their decisions. Teach them about the "no blame – high accountability" philosophy.

3. Share your own “risky” experiences from your teen years. Interpret them. Because we’re not the only influence on these kids, we must be the best influence. Sometimes it is ok to “blow your child’s mind” with stories from your past.

4. Instead of tangible rewards, how about spending some time together? Be careful you aren’t teaching them that emotions can be healed by a trip to the mall or the movies.

5. Choose a positive risk taking option and launch kids into it (i.e. sports, yard work, jobs, etc). It may take a push but get them used to trying out new opportunities. Team sports have a great positive impact.

6. Don’t let your guilt get in the way of parenting well. Your job is not to make yourself feel good by giving kids what makes them or you feel better when you give it. Make parenting about the kids.

7. Don’t reward the basics that life requires. If your relationship is based on material rewards, kids will experience neither intrinsic motivation nor unconditional love. Soon they will expect a reward every time and that can develop a shallow outlook.

8. Affirm smart risk-taking and hard work wisely. Help them see the advantage of both of these, and that stepping out a comfort zone usually pays off. Let them see how proud you are of their achievements. More often than not, this means more than anything else and that can be all it takes.

Bottom line? Your child does not have to love you every minute. They’ll get over the disappointment of failure but they won’t get over the effects of being spoiled. So let them fail, let them fall, and let them fight for what they really value. If we treat our kids as fragile, they will surely grow up to be fragile adults. We must prepare them for the world that awaits them. Our world needs resilient adults not fragile ones. You can all do it because you’re a great bunch of parents and let’s be honest, our kids will be looking after us in our old age!

COMMUNITY NEWS

YOGA
Yoga classes will resume for term 3 on Tuesday 22 July. Classes are held in the EPSS Library at 7pm every Tuesday night during the school terms. Contact Ursula Lovelock 0409 708 192 or breathe-yoga@hotmail.com