FROM THE PRINCIPAL

Dear Parents and Carers

Thank you to all of our teachers and parents for assisting with the many events that happened last week, ranging from Day for Daniel and Active Travel Day, Movie Night and World Teacher’s Day. It was a great week in our school community.

Our children are often faced with challenging situations in their day. The article below may be of interest for parents when assisting their children in working through these situations.

Helping Kids Leapfrog Difficulties - Michael Grose from parenting ideas

Whether it’s going to school for the first time, making new friends or even going to school camp, children often experience difficulties that they need to overcome. Children’s resilience is fostered when they overcome problems and manage unpleasant social situations such as teasing or going into new situations. Protecting kids from challenging experiences robs them of chances to learn, develop and grow.

Here are five great parenting ideas to help kids leapfrog their difficulties:

1. Frame correctly: Frame the difficulty as a challenge rather than a problem. Kids take their cues from their parents so the frame of ‘challenge’ gives kids something to rise to rather than be overwhelmed by.
2. Coach kids: Talk kids through their challenges, give them ideas to cope and manage. Consider rehearsing some skills or language that they may need.
3. Show confidence: Children generally meet their parents’ expectations so make sure your expectations are realistic, positive and supportive of their feelings.
4. Give kids a chance: Allow kids to approach challenges in their own ways without constantly checking on them. Your nervousness is definitely catching.
5. Celebrate success: Even if they were partially successful, such as they went to school camp for two out the three days, then praise their efforts. They’ve got a great building block for next time.
The attitude and approach of parents and teachers will determine how successfully children and young people meet and overcome many of the hurdles they meet. That attitude needs to be courageous, sensitive and hopeful that your child will meet, and overcome with assistance, all the challenges they will meet.

Anita Bond
Principal

P&C NEWS

What a great day we had on Friday. It was rather eventful, having Day for Daniel, World Teachers Day, the Movie Night AND Halloween all on the one day! It was an honour to be able to help our teachers celebrate World Teachers Day on Parade. A big thank you to Chappie Nikki who was such a big help with organising the gifts for our special teachers. It was good to hear the students expressing their appreciation for all of the time and effort spent educating and guiding them.

It was also great to see the 2015 Prep students arriving for their Orientation Day full of wonder and excitement. I’m sure everyone can remember what it’s like to start at a new school (some more recently than others). The students are very lucky to have some inspirational teachers to greet them at the start of their school journey. Welcome to all of the new parents!

Tanya Milgate
P&C President

KIDS TRIVIA NIGHT
Friday, 21 November

EPSS will be hosting its inaugural ‘Kid’s Trivia Night’ from 6:30pm in the Hall Tickets $7.00
Lucky door prize and individual prizes
Food and drinks for sale on the night

Prep – Year 7 students welcome
The Rules:
To learn some cool things and have fun!
More information to come.

ART CLUB

Thank you for supporting Art Club each Friday - your energy and creations are fabulous! The last few weeks have seen us all exploring charcoal, big roll painting, sketching and more. Stand by for some weaving and crazy fabric stuff. So, what’s on this Friday? Come along and see! We’d love any help from parents who can spare 30 minutes on a Friday. Join in the fun. Art Club meets every Friday at first break in the art area (under the Year 3 classrooms).

REMEMBRANCE DAY
11 November 2014

Remembrance Day poppies will be on sale for 50c each at all the school gates on Tuesday, 11 November from 8:30am.

DAY FOR DANIEL

It was so lovely to see so many people dress in red or black on Friday to participate in the Day for Daniel at Everton Park State School. A big thank you to those people who took part in the Walk for Daniel from Teralba Park. Through the generous gold coin donations from many people, we were able to raise $306.00 for the Daniel Morcombe Foundation. Thanks to everyone who participated in those events. It was so lovely to see so many people dress in red or black on Friday to participate in the Day for Daniel at Everton Park State School. A big thank you to those people who took part in the Walk for Daniel from Teralba Park. Through the generous gold coin donations from many people, we were able to raise $306.00 for the Daniel Morcombe Foundation. Thanks to everyone who participated in those events.

PHYSICAL EDUCATION NEWS

The Senior Swimming Carnival will be held on Tuesday, 25 November. The events on offer are 100m medley, 25m and 50m Freestyle, 25m and 50m Backstroke, 25m and 50m Breaststroke and 25m Butterfly. Students wishing to compete in the 50m events and the 100m medley will need to qualify in order to participate in those events. All students are able to nominate for the 25m events. Students will be able to try to qualify for the 50m events and the 100m medley during PE lessons. The 100m medley will be run before school commencing at 8:00am with the rest of the events commencing at 9:00am. The day will run as follows: 100m medley, Butterfly, Breaststroke, Backstroke, Freestyle, Relays and finishing with the golf ball challenge. Parent volunteers are invited to assist with time keeping so if you are able to help could you please see Mr Crawford.

LOST PROPERTY

If your child is missing an item of clothing, swimming togs, goggles, water bottles, lunch boxes, etc could you or your child please come and look through the mound of lost property which has collected outside the Tuckshop.
FRIDAY INTERSCHOOL SPORT RESULTS

VOLLEYBALL
Seniors
EPSS Green v Eaton’s Hill Green - lost 5 – 41.
EPSS Green v Eaton’s Hill Navy - won 18 – 15.
EPSS Gold v Eaton’s Hill Teal - won 21-11.
EPSS Gold v Eaton’s Hill white - lost 22 – 41.

Juniors
EPSS Green v Eaton’s Hill teal - won 26 – 24.
EPSS Green v EPSS white - lost 8 - 12
EPSS Gold v Prince of Peace Blue - lost 11 – 14.
EPSS Gold v Prince of Peace Corn - lost 28 – 33.

CRICKET

SENIOR GIRLS TOUCH
Year 7
EPSS v Albany Creek – lost 0 – 8
EPSS v Eaton’s Hill – lost 0 – 1.

Year 6
EPSS v McDowall – won 7 – 0.
EPSS v Albany Creek – won 3 – 1.

SENIOR BOYS TOUCH
Year 7 Boys
EPSS v Prince of Peace - won 5 – 0.
EPSS v McDowall – lost 0 – 1.

Year 6 Boys
EPSS v Albany Hills – lost 2 – 3.
EPSS v Northside Christian College – won 4 – 1.

YEAR 5 TOUCH
Girls
EPSS v Prince of Peace – won 2 – 1.
EPSS v Northside Christian College – won 3 – 1.

Boys
EPSS v Prince of Peace – won 2 – 0.
EPSS v Northside Christian College – won 4 – 2.

MUSIC NEWS

Instrumental Music Information Night
There will be an Instrumental Music evening on Thursday, 13 November in our school library at 6.30pm for all new parents/guardians who will have children in the strings, woodwind, brass and percussion program. Letters were sent home last week about which instrument children have been offered. Please remember to send your child’s form back if you are interested in finding out more about our great program.

Final End of Year Music Concert
Our final end of year concert for all of our choirs, string and band students will be held at our school on Thursday, 20 November at 6.00pm in our school hall. Letters will be sent home this coming week.

Information was sent home last week to continuing band students. If your child has been using a school flute, clarinet, trumpet, trombone or alto saxophone this year they will need their own instrument for next year. If you could send your child’s permission slip back to our office by Wednesday, 12 November that would be greatly appreciated.

For any further information please don’t hesitate to contact Mrs Bernadette Crook (Monday, Tuesday, Wednesday and Friday) at bcroo4@eq.edu.au (classroom teacher and choir specialist)
For any further information about the Band program please don’t hesitate to contact Mrs Penny Hall (Wednesdays) at phall35@eq.edu.au
For any further information regarding the Strings program please don’t hesitate to contact Ms Anne Keenan (Thursdays) at akeen5@eq.edu.au

FERNY GROVE STATE HIGH SCHOOL ORIENTATION DAYS
Parents are invited to take their Year 6 or Year 7 student to the Ferny Grove State High School Orientation days with Year 6 attending on Monday, 1 December 2014 and Year 7 attending on Tuesday, 2 December 2014. An invitation will be included in your student’s commencement pack which will be sent out to all enrolled students this week.

Please make sure your child remembers to bring along a hat, water bottle, simple writing materials & morning tea. Lunch will be proved by the High School which will be a sausage sizzle, a drink and an ice block. If your child has a dietary condition, please make sure they provide their own lunch.

UNIFORM SHOP
The Uniform Shop is open each Friday morning from 8:30am – 9:30am.

EXTRA OPENING HOURS
In preparation for 2015 we will be open from 9 December – 11 December 2014 and 27 January – 30 January 2015 between the hours of 8:30 – 10:30am

MENU CHANGES

- Vanilla Ice Up ‘n’ Go are back - $2.00
- Lemonade Icy Twists have returned for summer - $1.00
- Slush Puppie Natural Flavour range. New natural flavours have been introduced – Sour Apple, Forest Fruits and CocoaBanana - $2.00
- Thai pumpkin or creamy chicken & vegetable soup - $4.00

Thank you to Jenny Sewell and June Lever for their help creating the Spooky Spiders last Thursday. Couldn’t have done it without you.
The Slush Puppie machine broke on Monday and probably won’t be fixed in time for Thursday. Please check Flexischools or ask before over the counter ordering Thursday morning. Thanks a lot.

Katrina Coomber
Tuckshop Convenor

COMMUNITY NEWS

YOGA is held on THURSDAYS AT 6:45PM in the school Library.

NOVEMBER ROSTER

Thursday 6 – June Lever
Friday 7 – Greg Scott, Vicky Wilson, can you help?
Thursday 13 – Anita Reynolds
Friday 14 – G20 Holiday

Order online at flexischools.com.au